

## Times of daily services

Please see seat tickets and noticeboards for all times over Yom Kippur, Succot and throughout the Tishrei period.

## Regular learning

Daily	Gemarah Shiur	For times, see grid above		Beth HaMedrash
Daily (Mon – Fri)	Open Beth HaMedrash	Chavruta learning	9.00 – 11.00 am	Beth HaMedrash
Sunday	Tefillin Breakfast (in recess; resumes 7 October)	Rabbi Ginsbury	8.10 – 9.15 am	Beth HaMedrash
Tuesday	Chaburah Shiur (in recess; resumes 9 October)	Rabbi Ginsbury	7.50 – 8.30 am	Aviva Hardman Hall
Tuesday	Tea and Torah (resumes 9 October)	Various speakers	2.00 – 4.00 pm	Aviva Hardman Hall
Tuesday	Chumash Shiur (in recess; resumes 9 October)	Rabbi Ginsbury	8.30 – 9.30 pm	Beth Hamedrash rear
Tuesday	SEED for men (in recess; resumes 9 October)		8.30 – 9.30 pm	Beth HaMedrash
Tuesday (fortnightly)	SEED for ladies (in recess; resumes 9 October)		8.30 – 9.30 pm	Aviva Hardman Hall
Wednesday	Tah Sh'ma (in recess; resumes 17 October)		9.15 – 10.30 am	Aviva Hardman Hall
Thursday	Gemarah Shiur (not 13, 20, 27 September or 18 October)	Rabbi Ginsbury	8.30 – 9.30 pm	Beth HaMedrash rear
Friday	Chaburah Shiur	Rabbi Binstock	7.50 – 8.30 am	Aviva Hardman Hall
Shabbat	Sedrah Shiur with Rashi	Rabbi Ginsbury/ Rabbi Binstock	15 minutes before Shacharit	Main Shul

## Kiddushim over Succot

If you can help with setting up and/or clearing away Kiddushim over Succot (including Shabbat Chol HaMoed and Shemini Atzeret), please contact Tina (manykorns@hotmail.com / 8202 8391). All assistance gratefully received!

## Decorating the Shul Succah – can you help?

Any help that can be given to decorate the Succah will be very welcome. Please contact the Shul Office.

**'As it is forbidden to write on Shabbat or Yom Tov, how is it possible for G-d to inscribe us for the coming year? The only course open to You, G-d, is this. If You will inscribe us for a year of life, it will be permissible for You to write, because the obligation of saving life supersedes the laws of Shabbat and Yom Tov.'**



**Hendon United  
Synagogue**

# NEWSLETTER

Friday Mincha, followed by Kabbalat Shabbat & Ma'ariv (Sol Cohen Hall)

**7.19 pm**

Shabbat Shuva Drasha (Main Shul)

**7.00 pm**

Shabbat Mincha (Main Shul)

**6.30 pm**

Ma'ariv (Main Shul) and end of Shabbat

**8.03 pm**

Rabbi & Rebbetzen Ginsbury together with Rabbi & Rebbetzen Binstock, the Executive & Board of Management, Deborah Lyons, Liz Walfisz and the Newsletter Editorial Team wish all readers Well Over The Fast. Rabbi Ginsbury's Shabbat Shuva Drasha, entitled 'Renewal and return', takes place this Shabbat afternoon after Mincha (see above for times). All welcome!

The whole community is invited to Kiddush in the Community Centre after the Main Shul Service.

**This week's issue of the newsletter is a special edition commemorating the 10th Yahrzeit (8th Tishrei) of our former Minister, Rev Leslie Hardman MBE MA HCF zt'l. Together with his wife Josi, he served the community with distinction for many years. The 'Reflections' below and sayings on the inside pages are taken from his writings.**

## Shabbat Shuva Reflections: On Your Marks ... Get Set ... Go!

My dear friends,

Sin is essentially the absence of holiness. The absence of thoughtfulness, honest thinking, goodness and truth. We make mistakes and bad judgements and fail to follow the higher aims of life. He who confesses his sins, and forsakes them, must then back up his intentions by doing good – 'Turn aside from evil and do good' (Tehillim 34:15). We need both.

That is what King David had in mind when he said, 'Happy are those who dwell in Your house. May they continue to praise You' (ibid 84:5). When are those who dwell in G-d's house happy? When they continue to be near G-d even after they have left His physical house.

This too is what Hosea (14:3) tells his people: 'Take words with you and return to G-d'. The simple meaning is of course to recite our prayers with kavana (heartfelt intent); there should be a genuine desire to repent, but is that enough? No. The Malbim (d. 1879) says that we should take careful note of the prophet's wording – 'Take words with you' (not 'recite' or 'say').

We say thousands of words during the Yomim Noraim. But having left Shul, made our confessions and scrutinised our inner selves, do we leave those words there or do we take them outside by enhancing the spiritual content in our lives? We would also be wise to take this belief with us: By putting into practice the Life of the Book, we will be inscribing ourselves in the Book of Life.

Having come to Shul, let us make our prayers really effective. Not here, but by what we think and do after completing them. Let us always keep in mind that nothing ends or begins with prayer alone. Prayer can be compared to the starter's gun as the runners line up on their blocks ...

May we all successfully utilise the upcoming Yomim Noraim & Aseret Y'mei Teshuva for greater inspiration, to further learn and

We extend a very warm welcome to everyone visiting our Shul today. We hope you enjoy the Service and will join us again soon.

Please don't eat alone! Contact the Shul Office in advance, or on the day either the Rabbi or the Gabbaim in your Service if you would like to join a family for dinner or lunch today or over Succot

### MAIN SHUL 9.15 AM

Sermon – Rabbi MS Ginsbury  
Shacharit/Musaf – Alexander Weinberg

Sedrah Summary – Rabbi MS Ginsbury

Leining – Nigel Nelkon

Haftarah – Rabbi MS Ginsbury  
Anim Zemirot – Zac Nelkon

### EARLY 8.25 AM

(Beth HaMedrash)

D'var Torah – Brian Rabinowitz  
Shiur – Brian Rabinowitz

### RCAM 9.30 AM

(Sol Cohen Hall)

D'var Torah – Rabbi Y Binstock

### YOUTH 9.30 AM

(Downstairs, Community Centre)

**Security volunteers today and over Yom Kippur and Succot:** Please ensure that you cover your shift.

## Youth

Times of Services: Friday evening (Beth HaMedrash) at same time as Main Shul; Shabbat morning (Downstairs, Community Centre) at 9.30 am.

For any information about the Youth Service, contact our Youth Directors **Jake Lerman** (j.lerman@hotmail.co.uk / 07551 644807) & **Sarit Baum** (Saritbaum@gmail.com).

*'A great Rabbi once said, "One who gives on Yom Kippur in accordance with his means will be rewarded with learned, wealthy, and popular children." Now I'm not 100% sure about that, but it's certainly worth taking the chance!'*

## Children

### Your children's services need you!

If you would like to lead, fundraise or just have any ideas to improve our children's services, please contact either Caroline Tunkel: carolinetunkel@hotmail.co.uk or Adam Baron adamlouisbaron@hotmail.com

### TODDLERS (0 - NURSERY) - 11.00 AM

Community Centre upstairs left

### YOUNGER (RECEPTION - Y2) - 11.00 AM

Community Centre upstairs right

### OLDER (Y3 - Y6) - 10.45 AM

Community Centre, upstairs far left

Do you have a birthday or simcha to celebrate? To sponsor a Kiddush, please contact vicky@arotsky.co.uk

For CRP sign-off, please see Kathryn Fiddler

## Forthcoming events

### Elul Programme

Tomorrow, **Sunday 16th September** (8.00 – 9.30 pm, local venues): Tishrei Roadshow (details: **Rabbi Binstock** (rabbibinstock@hendonus.org.uk))

Next **Shabbat, 22nd September**: Pulpit swap: **Rabbi Lawrence** of Finchley US will be visiting and speaking at our Minyanim

### ROAST

**Monday 1st / Tuesday 2nd October**: ROAST '(Raleigh Close One Amazing Simchat Torah)' with a full programme for all! The climax will be a communal lunch on Tuesday, immediately after davening (approx. 1.15 pm). Lots of food and drink, with an entertainer for the children. Tickets: Under-3s – free; ages 4-7 – £5; ages 8-14 and regular attendees of the Youth Service – £8; all others £15. Book your place now at [www.theus.org.uk/simchattorahlunch18](http://www.theus.org.uk/simchattorahlunch18) ... or risk missing out! Other key timings: **Monday**: 6.30 pm – children's party; 6.40 pm – Mincha followed by Ma'ariv; 7.45 pm – presentation to children's services; 7.55 pm – Hakafot; 9.00 pm – 'wedding-style' reception for all. **Tuesday** (davening for all in the Sol Cohen Hall): 10.00 am – Hakafot; 10.45 am – leining; 11.45 am – Kol Ha'nearim; 12.00 pm – children's services.

### Table-tennis @ Raleigh Close - this week

Mondays, 6.00 – 7.30 pm, £5 per child. Next dates: **17th September, 8th October**. (Note: we are happy to extend to adults 7.30 – 9.00 pm if there is interest.) To register, please contact Laurence Rosenberg (laurrosenberg@gmail.com).

### The return of TTT (Torah, Tefillah, Tefillin)

Our six-part interactive series for pre- and post-Bar Mitzvah boys, run by Rabbi Binstock, starts again on **Thursday 20th September**. Details: Rabbi Binstock (rabbibinstock@hendonus.org.uk) or Jake Lerman (j.lerman@hotmail.co.uk).

### Book club

**Monday 15th October**, 8.30 pm (venue tbc). Discussing 'The Railway Man' by Eric Lomax. For a copy of the book or for other information, contact Tina 07932 144372 / Peter 07817 221566.

## Regular events

### Bridge

Mondays 1.00 pm in the Aviva Hardman Hall. There will be no meeting on Mondays 10th & 24th September and 1st October.

## Hendon Social Circle

In recess. Resumes in October.

## Thursday dancing classes for ladies & girls

Now in recess until September.

## Communal notices

### Newsletter – important notice

The newsletter is now taking a break until further notice. There will continue to be a weekly Infomail throughout Tishrei. Items for inclusion should be sent to the Shul Office (admin@hendonus.org.uk). Please see seat tickets and noticeboards for details of services and events over the Yom Tov period.

This is the last issue to be edited by Harvey Freeman, who is stepping down after 15 years' involvement. He writes: 'My heartfelt thanks go to: all those who have worked tirelessly with me on the newsletter over these past 15 years; all those who have contributed items, whether on a regular or irregular basis, to showcase the magnificent breadth and depth of activities taking place at Raleigh Close each and every week; all those (nearly 200!) who have submitted Sedrah Reflections; and the whole community for its appreciation and unwavering support throughout this time, whether expressed in words or through the simple, silent act of zealously picking up and reading the newsletter from cover to cover each week. It is also a privilege to have been able to announce so many (at least 3,000!) Mazal Tovs: may there continue to be an abundance of S'machot in the community for many years into the future.'

## Central Hendon Mikvah updated opening hours

Sun–Thu: from 40 minutes before nightfall until 2 hours after nightfall; Motzaei Shabbat: from 45 mins after nightfall for up to 1½ hours; Fridays & Yom Tov by pre-booking only (07519 838404 / 020 7912 0506).

## Yom Kippur lunch

On Yom Kippur there will be a lunch for younger children; £6 per child, payable at [www.theus.org.uk/kidsyomkippurlunch18](http://www.theus.org.uk/kidsyomkippurlunch18) Advance bookings only, no later than Monday 17th September.

*'As our ship of fate sails along its 10-day journey, drawing nearer and nearer to our port of disembarkation – Yom Kippur, the customs officers will give a final check on our baggage and our persons to see whether indeed our customs and behaviour may disqualify us from landing.'*

*'Let our motto this year be: "One sin less. One mitzvah more".'*

## Forthcoming tombstone consecrations

**Sun 7th October Raymond Bushell (husband of Lorraine Bushell)**

1.00 pm Bushey

**Monday 8th October Shoshanna Wolfin**

1.00 pm Bushey

**Sunday 14th October Murray Lovat**

12.00 noon Bushey

**Sunday 14th October Anne Powell**

1.30 pm Bushey

**Thursday 25th October Margaret Zack**

9.30 am Bushey

**Thursday 25th October Donald Winton (husband of Giselle Winton & father of Clive Winton)**

10.30 am Bushey

## Condolences

The community sends sincerest condolences to

The family of the late **Rosalind Cohen**

**Debra Sinclair** & family on the loss of her mother **Esther Cohen**

May they be blessed with good health and S'machot in the future and be granted full consolation by the Alm-ghty

בתוך שאר אבלי ציון וירושלים

## Welcome Desk—can you help?

Raleigh Close needs smiley, friendly people to meet and greet for Yom Tovim and Bar / Bat Mitzvah Shabbatot. Please text Lisa 07932 074673 if you can help in any way.

*'If it is human to err, it is certainly divine to forgive.'*