

## Times of daily services

	Shacharit	Second Shacharit	Mincha & Ma'ariv	Gemarah Shiur
Sun 13 May   28 Iyar   Omer 43 (Yom Yerushalayim)	7.20 am	8.15 am	7.30 pm	9.00 am
Mon 14 May   29 Iyar   Omer 44	7.00 am	8.10 am	7.30 pm	6.30 pm
Tues 15 May   1 Sivan   Omer 45 (Rosh Chodesh)	6.50 am	8.00 am	7.30 pm	6.30 pm
Wed 16 May   2 Sivan   Omer 46	7.10 am	8.10 am	7.30 pm	6.30 pm
Thurs 17 May   3 Sivan   Omer 47	7.00 am	8.10 am	7.30 pm	6.30 pm
Fri 18 May   4 Sivan   Omer 48	7.10 am	8.10 am	7.20 pm	-

On Sundays, the 7.20 am Shacharit takes place in the Beth HaMedrash, the 8.15 am Shacharit in the Sol Cohen Hall and Mincha/Ma'ariv in the Beth HaMedrash.

### Friday night candle lighting times

Candles may **never** be lit **later** than the time when Shabbat begins. However, there is also an **earliest** time before which they may not be lit. This is relevant over the summer months when our Friday night service begins earlier than the earliest time for lighting candles and thus candles should be lit between the following times.

Friday 18th May: NOT BEFORE 7.12 pm, NOT LATER THAN 7.40 pm

Friday 25th May: NOT BEFORE 7.20 pm, NOT LATER THAN 7.40 pm

## Regular learning

Daily	Gemarah Shiur	For times, see grid above		Beth HaMedrash
Daily (Mon – Fri)	Open Beth HaMedrash	Chavruta learning	9.00 – 11.00 am	Beth HaMedrash
Sunday	Tefillin Breakfast (not 20 May)	Rabbi Ginsbury	8.10 – 9.15 am	Beth HaMedrash
Tuesday	Chaburah Shiur	Rabbi Ginsbury	7.50 – 8.30 am	Aviva Hardman Hall
Tuesday	Tea and Torah	Various speakers	2.00 – 4.00 pm	Aviva Hardman Hall
Tuesday	Chumash Shiur	Rabbi Ginsbury	8.30 – 9.30 pm	Beth Hamedrash rear
Tuesday	SEED for men		8.30 – 9.30 pm	Beth HaMedrash
Tuesday (fortnightly)	SEED for ladies (next session: 15 May)		8.30 – 9.30 pm	Aviva Hardman Hall
Wednesday	Tah Sh'ma		9.15 – 10.30 am	Aviva Hardman Hall
Thursday	Gemarah Shiur	Rabbi Ginsbury	8.30 – 9.30 pm	Beth HaMedrash rear
Friday	Chaburah Shiur	Rabbi Binstock	7.50 – 8.30 am	Aviva Hardman Hall
Shabbat	Sedrah Shiur with Rashi	Rabbi Ginsbury/ Rabbi Binstock	15 minutes before Shacharit	Main Shul

### Security rota

Our new security rota can be found at the usual link. Please ensure that you are aware of your new team and time and arrive punctually for your shift. Members (male and female) who are not currently on the rota are requested to volunteer by emailing [security@hendonus.org.uk](mailto:security@hendonus.org.uk).



**Hendon United  
Synagogue**

## NEWSLETTER

Friday Mincha, followed by Kabbalat Shabbat & Ma'ariv (Main Shul)

**7.20 pm**

Shabbat Mincha, followed by Nach Shiur (Beth HaMedrash)

**8.30 pm**

Ma'ariv (Beth HaMedrash) and end of Shabbat

**9.38 pm**

**Sara & Benjamin Jacobs invite the whole community to Kiddush in the Community Centre after the Main Shul Service to celebrate Ami's Bar Mitzvah.**

### Sedrah Reflections – Behar–Bechukotai

By Gadi Barnett (in honour of the Bar Mitzvah of his cousin Ami Jacobs)

'If your brother becomes destitute ... you shall support him ... so that he can live with you. You shall not take from him interest ... and you shall fear your G-d, and let your brother live with you' (Vayikra 25:35-6).

Why does the phrase 'vachai imach' ('[he will] live with you') occur twice?

The first verse is an active commandment to help your 'brother' and prevent him falling into crisis. The second warns that taking interest on loans can eventually leave the borrower in serious debt.

Taking interest – taking advantage of the weak and poor – is seen as a grievous sin. Midrash Rabba says (Exodus 21:6): 'HaShem said: "Whoever lives on 'interest' in this world [Olam Haze] will not live for the next world [Olam Haba]." The Gemarah (Baba Batra 10a) asks: 'If HaShem loves the poor, why doesn't He feed them?' R' Meir answers: 'To allow people to give charity [Tzedakah] and escape Gehinom.'

So, the first 'vachai' is for the 'recipient', helping him financially to live in Olam Haze; the 'giver' is keeping his place in Olam Haba through Tzedakah. The second 'vachai' is to ensure that the giver does not lose his Olam Haba; the recipient will not lose his place in Olam Haze by falling into debt from the interest to be paid back.

Many of the commandments in Behar–Bechukotai are aimed at creating an idyllic society. No-one is perfect: to reach perfection, one must assist and be assisted. We depend on each other in converse ways – for example, by giving and borrowing.

So, if a poor person receives money from a rich person, the poor person shouldn't feel ashamed and the rich person shouldn't feel arrogant, because that is how society is meant to work – and this is the natural flow of reality.

We extend a very warm welcome to everyone visiting our Shul today. We hope you enjoy the Service and will join us again soon.

Please don't eat alone! Contact the Shul Office in advance, or on the day either the Rabbi or the Gabbaim in your Service if you would like to join a family for dinner or lunch today

#### MAIN SHUL 9.15 AM

Sermon – Rabbi MS Ginsbury

Shacharit – Chazan D Shine

Musaf – Alex Jacobs

Sedrah Summary – Rabbi MS Ginsbury

Leining – Ami Jacobs

Haftarah – Ami Jacobs

Anim Zemirot – Yoni Shine

#### EARLY MINYAN 7.50 AM

(Beth HaMedrash)

D'var Torah – Malcolm Persey

Shiur – Rabbi S Zneimer

#### RCAM 9.45 AM

(Sol Cohen Hall)

D'var Torah – Rabbi Y Binstock

#### YOUTH 9.30 AM

**Security: Team Five. Please be responsible and ensure that you cover your shift.**

## Youth

Times of Services: Friday evening (Beth HaMedrash) at same time as Main Shul; Shabbat morning (Downstairs, Community Centre) at 9.30 am.

For any information about the Youth Service, contact our Youth Directors **Jake Lerman** (j.lerman@hotmail.co.uk / 07551 644807) & **Sarit Baum** (Saritbaum@gmail.com).

## Please join us for ...

**Youth Tikkun Leil** – 1st night Shavuot ... Stay tuned for details of fantastic speakers, delicious food and a night of fun!

## Children

**TODDLERS (0 - NURSERY) - 11.00 AM**

Community Centre upstairs left

**YOUNGER (RECEPTION - Y2) - 11.00 AM**

Community Centre upstairs right

**OLDER (Y3 - Y6) - 10.45 AM**

Community Centre, upstairs far left

Contact Vicky Arotzky to sponsor a Children's Service Kiddush:  
vicky@arotzky.co.uk

Contact David Masters for any queries about the Children's Services  
masters116@btinternet.com

For CRP sign-off this week, please see Kathryn Fiddler

## Bnei Akiva

Shabbat afternoon 3.30 – 5.30 pm

## Shavuot 5778

### Tikkun Leil (Sunday morning 20th May) with the Chief Rabbi

We are delighted to announce this year's line-up!  
12.15 – 12.40 am Opening address by **Rabbi Ginsbury**.  
12.45 – 1.30 am Two options – **Rabbi Benji Gordon / Rabbi Binstock**. 1.40 – 2.20 am Keynote address by **Chief Rabbi Ephraim Mirvis**. 2.30 – 3.15 am Two options – **Rabbi Saul Zneimer / Debbie Stone**. 3.20 am Shacharit. Refreshments available through the night.

### Shavuot times

**Shabbat 19th May (Erev Yom Tov):** Mincha followed by Shiur 8.50 pm (Main Shul); Ma'ariv (candles to be lit from existing flame after) 9.51 pm

**Sunday 20th May (1st day):** Shacharit (note: two Minyanim only) at 3.20 am (after Tikkun Leil) & 9.00 am; Mincha & Ma'ariv at 7.30 pm; Ma'ariv only in Beth HaMedrash at 9.53 pm for those wishing to daven at nightfall (candles to be lit from existing flame not before 7.15 pm)

**Monday 21st May (2nd day):** Shacharit – Main Shul 9.00 am, all other Minyanim at regular times, with Megillat Ruth & Yizkor; Mincha 9.10 pm followed by Shiur; Ma'ariv & end of Yom Tov 9.54 pm

### The return of 613 Milky Way!

We're delighted to announce the return of '613 Milky Way', a special programme for children aged 10 and under. **Sunday 20th May**, 11.00 am (Community Centre). A fun-filled morning to wish Happy Birthday to the Torah, featuring ice-cream, food-creating activities and much more!

### Ladies' Tea Time Tikkun

On **Monday 21st May**, 5.30 pm, all ladies are invited to 19 Tenterden Gardens (new home of Rabbi & Rebbetzen Binstock) for our popular Tea Time Tikkun, an opportunity to study together in an interactive format. Details: leannebinstock@gmail.com

## Forthcoming events

### Shabbat afternoon Shiurim for women at Ner Yisrael

Today (**Shabbat 12th May**, 6.30–7.30 pm): Rabbi Eliezer Zabin: 'The Secrets of the Hebrew Language'. To sponsor a Shiur, please contact Naomi Landy 8202 6907 or Susan Pascoe 8202 8501.

### Balfour to Independence - this week

The climax of our 6-part series with the UJIA. **Monday 14th May**, 7.45 – 9.30 pm, with **Michael Freeman** (Counsellor for Civil Society at the Embassy of Israel in London). Tickets (£5): <https://charity.ujia.org/balfour> or at the door.

### Rosh Chodesh Group - this week

**Wednesday 16th May**, 8.15 pm at 5 Hollyview Close, off Station Rd (courtesy of Louise & Edgar Samuel). Details: Reva Ross 07956 526891.

### Summer with Hendon MDA!

Two fascinating events: **Israel's Celebration Lunch on Tuesday 5th June**, Sami's Restaurant, Hendon, 12.30 pm, with VIP speaker from the Israeli Embassy. Tickets: £35. **Trip to Hughenden Manor** (Disraeli's home) on **Wednesday 1st August**. Coach leaves Hendon 9.30 am. Private talk on Disraeli included. Tickets: £37. Details of both: **David 8202 9489; Melvyn 8203 1110; Norma 8202 1473**.

## Regular events

### SEED: Men – weekly, Ladies – fortnightly (Tuesday, 8.30 – 9.30 pm)

The men's group offers one-to-one study of any subject of your choice, in a traditional learning atmosphere. Ladies' group offers a Shiur / discussion led by Rebbetzen Ginsbury on ethical challenges in the modern world. Hot drinks and light refreshments available. Details: 07956 465999 / colinsavery@yahoo.co.uk

### Tah Sh'ma (Wednesday 9.15 – 10.30 am)

Join us on **Wednesday 16th May** to hear **Rabbi Ginsbury**: 'For the sake of Yerushalayim'. Newcomers (men and ladies) as well as regulars very welcome! Details: kennethbrand@hotmail.co.uk / 8202 7756.

### Bridge

Mondays 1.00 pm in the Aviva Hardman Hall. No meeting on 21st or 28th May.

### Hendon Social Circle

Join us on **Wednesday 16th May**, 2.15 – 3.30 pm in the Aviva Hardman Hall, for tea and coffee, to hear our speaker **Dr Elliot Mass** on his experiences as doctor on call at Wembley Stadium.

### Thursday dancing classes for ladies & girls

Thursday evenings, times vary. Details: Avigayil Binstock.

## Mazal Tov

**Sara & Benjamin Jacobs** on the Bar Mitzvah of their son Ami

**Naomi & Andrew Newman** on their Silver Wedding Anniversary

**Spencer Nyman** on his 85th birthday

### Forthcoming tombstone consecrations

**Sun 3rd June Carole West**  
4.30 pm Bushey

**Sun 17th June Solly Irving (father of Hazel Irving & Ruth Shebton)**

9.30 am Bushey

**Sun 17th June David Glass (husband of Barbara Glass)**  
10.00 am Bushey

**Sun 24th June Nathan Scheiner (father of Dovi Scheiner)**  
11.30 am Enfield

### Central Hendon Mikvah updated opening hours

Sun–Thu: from 40 minutes before nightfall until 1½ hours after nightfall; Motzaei Shabbat / Motzaei Yom Tov: from 45 mins after nightfall for up to 1½ hours; Fridays and Yom Tov by pre-booking only. Phone: 020 7912 0506 / 07519 838404.

### Shul AGM

Please see separate mailing for names of those elected to office at Wednesday's AGM. We wish them every success. We thank the outgoing Executive and Board members for their wonderful work, particularly those members of the Executive who are standing down after completing their statutory term.

## PUBLICATION DEADLINE

All information for inclusion in the newsletter must be sent by email to Harvey Freeman (harveyfreeman@onetel.com) and copied to the Shul Office (admin@hendonus.org.uk).

This week's newsletter is unsponsored.

To sponsor a newsletter (**only £25**) please contact the Shul Office at admin@hendonus.org.uk, tel. 020 8202 6924