

Times of daily services

	Shacharit	Second Shacharit	Mincha & Ma'ariv	Gemarah Shiur
Sun 10 Sep 19 Elul	7.20 am	8.15 am	7.00 pm	9.00 am
Mon 11 Sep 20 Elul	7.00 am	8.10 am	7.00 pm	6.00 pm
Tues 12 Sep 21 Elul	7.10 am	8.10 am	7.00 pm	6.00 pm
Wed 13 Sep 22 Elul	7.10 am	8.10 am	7.00 pm	6.00 pm
Thurs 14 Sep 23 Elul	7.00 am	8.10 am	7.00 pm	6.00 pm
Fri 15 Sep 24 Elul	7.10 am	8.10 am	7.01 pm	-

On Sundays, the 7.20 am Shacharit takes place in the Beth HaMedrash, the 8.15 am Shacharit in the Sol Cohen Hall, and Mincha/Ma'ariv in the Beth HaMedrash.

Regular learning

Daily	Gemarah Shiur	For times, see top of page 1 and grid above		Beth HaMedrash
Daily (Mon – Fri)	Open Beth HaMedrash for men	Chavruta learning	9.00 – 11.00 am	Beth HaMedrash
Sunday	Tefillin Breakfast	Rabbi Ginsbury	8.10 – 9.15 am	Beth HaMedrash
Tuesday	Chaburah Shiur	Rabbi Ginsbury	7.50 – 8.30 am	Aviva Hardman Hall
Tuesday	Tea and Torah	Rabbi Pollak	2.00 – 4.00 pm	Aviva Hardman Hall
Tuesday	SEED for men		8.30 – 9.30 pm	Beth HaMedrash
Tuesday (fortnightly)	SEED for ladies (next session: 12 Sept *) * At 9.15 pm, Rabbi Ginsbury will deliver Pre-Rosh Hashanah words of inspiration – men and ladies welcome.		8.30 – 9.30 pm	Aviva Hardman Hall
Tuesday evenings & Wednesday mornings	Tah Sh'ma (men and women) (in recess)	Shiurim by various Rabbis	Tues 8.15 – 9.30 pm Weds: 9.00 – 10.30 am	Beth HaMedrash
Thursday	Gemarah Shiur (not 7 Sep)	Rabbi Ginsbury	8.30 – 9.30 pm	Beth HaMedrash rear
Friday	Chaburah Shiur	Rabbi Binstock	7.50 – 8.30 am	Aviva Hardman Hall
Shabbat	Sedrah Shiur with Rashi	Rabbi Ginsbury/ Rabbi Binstock	15 minutes before Shacharit	Main Shul

Security rota

If you are able to join our rota as a regular team member providing 40 minutes of cover once every six weeks or even just one hour over Rosh Hashanah or Yom Kippur, please email security@hendonus.org.uk.

Hendon United
Synagogue

NEWSLETTER

Friday Mincha, followed by Kabbalat Shabbat & Ma'ariv (Sol Cohen Hall)

7.17 pm

Shabbat Mincha (Beth HaMedrash), followed by Shiur

7.15 pm

Shabbat afternoon Gemarah Shiur (rear of Beth HaMedrash)

5.30 pm

Ma'ariv (Beth HaMedrash) and end of Shabbat

8.17 pm

Question & Answer Session and Kiddush – this Shabbat morning

At the end of all the Services today (approx. 11.45 am), to launch this year's Elul Programme, there will be a Q & A session with Rabbi Ginsbury and Rabbi Binstock. All welcome! This will be followed by Kiddush in the Community Centre, sponsored by **Sarah & Eli Nussbaum** to celebrate the recent marriage of their daughter Tami to Richie Cohen, son of Judy & Vivian Cohen.

Sedrah Reflections – Ki Tavo: Cause and effect

By Eli Nussbaum (to celebrate the marriage of his daughter Tami to Richie Cohen)

The verse (Devarim 26:11) 'And you shall enjoy [Vesamachta] all the good HaShem has bestowed upon you ...' is the effect caused by the earlier verse (ibid v2) 'And you shall take [Velakachta] from the first fruits ...'. The message is clear: where there is no giving of one's best, there can be no true joy. We receive as we give.

The philosophy of **Velakachta – Vesamachta** – giving and rejoicing, being the recipient when we give – can be illustrated from the world around us. Look into a mirror and the image returned replicates yours – whether a smile or scowl. Or take 'cat's eyes': they shine back at you if you give them your light; without that, it becomes very dark!

Further evidence confirming these values can be seen in the marriage ceremony. Kiddushin 7a describes a case where the woman presented the man with Kesef (gift of monetary value) and the wedding was considered valid on this action. But how, when we know that the Kesef is the man's responsibility to the woman? The Gemarah answers that we are talking about an 'Adam Chashuv' (important man). The happiness that the woman receives with the man accepting her gift has a tangible value that can itself validate a marriage. 'Give kindness and you will receive joy into your soul', says the Gemarah. 'Yes, more than the rich do for the poor, the poor do for the rich'.

This reinforces the message of today's Sedrah, amplifying the enormous benefit and joy one can receive by giving of one's best. As we enjoy the week of Shevah Brachot for Tami and Richie, I can only pray that they go on to give of their best, to each other and those around them, which will in turn ensure that they gain the true happiness that comes with **Velakachta – Vesamachta**.

We extend a very warm welcome to everyone visiting our Shul today. We hope you enjoy the Service and will join us again soon.

Please don't eat alone! Contact the Shul Office in advance, or on the day either the Rabbi or the Gabbaim in your Service if you would like to join a family for dinner or lunch today

MAIN SHUL 9.15 AM

Sermon – Rabbi Y Binstock
Shacharit/Musaf –

Leining – Keith Goldstein
Haftarah – Jonathan Sinclair
Anim Zemirot – Xander Sovin

EARLY MINYAN 8.25 AM

(Beth HaMedrash)
D'var Torah – Rabbi MS Ginsbury
Shiur – Robin Cohen

RCAM 9.30 AM

(Sol Cohen Hall)
D'var Torah – Rabbi MS Ginsbury

YOUTH 9.30 AM

(Downstairs, Community Centre)

Security team: Team One. Please be responsible and ensure that you cover your shift.

Youth

Times of Services: Friday evening (Beth HaMedrash) at same time as Main Shul; Shabbat morning (Downstairs, Community Centre) at 9.30 am

For any information about the youth service, contact our youth directors, **Tova & Nathaniel Harris.**

Children

TODDLERS (0 - NURSERY)- 11.00 AM

Community Centre upstairs left

YOUNGER (RECEPTION - Y2)- 11.00 AM

Community Centre upstairs right

OLDER (Y3 - Y6) - 10.45 AM

Community Centre, upstairs far left

Contact Vicky Arotzky to sponsor a Children's Service Kiddush:
vicky@arotsky.co.uk

Contact David Masters for any queries about the Children's Services
masters116@btinternet.com
For CRP sign-off this week, please see Kathryn Fiddler

Bnei Akiva

In recess.

Forthcoming events

Elul Programme – starts today

See flyers around the Shul for full details. Please tell your friends and bring them with you.

- **'Learning on the Move'** (with Young US & Mizrahi), Monday 11th Sept, Aviva Hardman Hall: Chavruta learning 7.30 pm, dinner & drinks 8.15 pm, speaker (Rabbi Andrew Shaw, Director of Mizrahi: 'New year, new me') 8.45 pm. Booking (£6 members, £10 non-members, including dinner): www.theus.org.uk/Learningonthemove11Sept
- **Explanatory Service** with Rabbi Binstock, Shabbat 16th Sept, 10.45 am, Beth Hamedrash
- **1st night Selichot** with Rabbi Ginsbury & Rabbi Binstock, Motzaei Shabbat 16th Sept, 11.30 pm, Sol Cohen Hall
- **Dayan Abraham** with words of inspiration, Shabbat 23rd Sept (after davening), Sol Cohen Hall
- **Rabbi Ginsbury's Shabbat Shuva Drasha** 'Teshuva: how much do I matter?', Shabbat 23rd Sept, 6.45 pm (Mincha 6.15 pm), Main Shul
- **Rabbi Tatz** on Monday 25th September: 'Yom Kippur and the new you', 8.15 pm, Sol Cohen Hall

Dancing classes for ladies & girls

Starting **Thursday 7th September**, the Mango Dance and Music Studio will be running classes for ladies & girls: 6.00 – 6.45 pm (Community Centre) hip-hop for ages 6 – 8; 6.45 – 7.45 pm (Community Centre) hip-hop for ages 9 – 11; 8.00 – 9.00 pm (Aviva Hardman Hall) modern for ages 12 – 18; 9.00 – 9.45 pm (Aviva Hardman Hall) hip-hop for adults. Term continues to 21st December, stopping over the Yom Tov period. Details: Avigayil Binstock 07774 682869.

Seniors' tea – this week

Monday 11th September, 2.30 pm. For an invitation, or to be a volunteer driver, contact **Pat Evans** (8202 8777) / **Miriam Kaye** (8202 8386).

Book club – this week

Next meeting: **Monday 11th September**, 8.30 pm at 11 Sherwood Road (courtesy of Vivienne & Barry Nessim). Discussing 'When I Lived In Modern Times' by Linda Grant. For a copy of the book, or more information: manykorns@hotmail.com / Tina 07932 144372 / Peter 07817 221566.

Regular events

Tea & Torah (Tuesday 2.00 – 4.00 pm)

Our weekly programme, mainly for retirees, learning and discussing texts and ideas, led by Rabbi Michael Pollak, followed by tea and then a Shiur by Rabbi Ginsbury or Rabbi Binstock. Contact Tirzah Cohen tirzahtcohen@gmail.com

SEED: Men – weekly, Ladies – fortnightly (Tuesday, 8.30 – 9.30 pm)

One-to-one learning. Men's programme in Beth HaMedrash. Contact Colin Savery: colinsavery@yahoo.co.uk. Ladies' programme also offers a discussion led by Rebbetzen Ginsbury, with lively debate on ethical challenges in the modern world, related to the Sedrah. Contact Tirzah Cohen: tirzahtcohen@gmail.com.

Bridge

Mondays 1.00 pm in the Aviva Hardman Hall.

The Coffee Club

Our coffee morning for active seniors, every Wednesday. Sol Cohen Hall 10.45 am – 12.15 pm.

Raleigh Rockers – pre-schoolers music group

Our lively weekly Thursday morning musical adventure has resumed! Join us 10.00 – 11.00 am in the Aviva Hardman Hall. £6 per child and £3 per sibling. Details leannebinstock@gmail.com

Communal notices

High Holyday seats

Additional seats are available for the High Holydays, at a cost of £25 for each day of Rosh Hashanah and £25 for Yom Kippur. Please contact Leonard in the Shul Office.

United Synagogue transport to/from Bushey Cemetery (Sundays 10th & 17th September)

A minibus will leave Stanmore station 10.00 am & 1.30 pm, and leave Bushey 12.00 noon & 3.30 pm.

Yom Kippur lunch

On Yom Kippur there will be a lunch for **younger** children; £5 per child, payable in advance. Forms will be sent shortly. Cash or cheque (made out to 'Hendon Synagogue Children's Service') to Vicky Korn, 36 Foscoate Rd, Hendon NW4 3SD.

This week's newsletter is sponsored by **Vera Garbacz** to commemorate the Yahrzeit of her father Rabbi Pinchas Shebson – HaRav Pinchas ben Avraham Moshe z'l.
To sponsor a newsletter (only £25) please contact the Shul Office at admin@hendonus.org.uk, tel. 020 8202 6924

Mazal Tov

Romayne Biren on the birth of a grandson in Israel
Andrea Fine on the birth of a granddaughter
Avi Gordon on his forthcoming marriage to Rachel Gibson
Bernd Koschland on the marriage of his grandson Mikey Epstein to Audrey Davar
Tami Nussbaum on her marriage to Richie Cohen
Sarah & Eli Nussbaum on the marriage of their daughter Tami to Richie Cohen
Bella & Bernard Pentol on the marriage of their granddaughter Tami to Richie Cohen
Rebecca & Martin Simmons on the marriage of their granddaughter Tami to Richie Cohen

Forthcoming tombstone consecrations

Thurs 14th Sept Betty Jay
12.00 noon Bushey
Sun 22nd Oct Benno Landau
(father of Julian Landau)
9.30 am Bushey
Sun 22nd Oct Cecilia Jay
(mother of Jeffrey Jay)
10.30 am Bushey
Tues 24th Oct Renee Lerner
(wife of Cyril Lerner)
1.30 pm Bushey

Central Hendon Mikvah opening hours

Sun–Thu: from 40 minutes before nightfall; last admission one hour after nightfall. Friday evenings by pre-booking only. Motzaei Shabbat / Yom Tov: from 45 mins after nightfall. Phone: 020 7912 0506 / 07519 838404.

PUBLICATION DEADLINE

All information for inclusion in the newsletter must be sent by email to Harvey Freeman (harveyfreeman@onetel.com) and