**Regular Learning Opportunities @ Raleigh Close**

<table>
<thead>
<tr>
<th>Day</th>
<th>Daf HaYomi</th>
<th>For times, see top of page 1 and grid above</th>
<th>Beth HaMedrash</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily</td>
<td>Daf HaYomi</td>
<td>For times, see top of page 1 and grid above</td>
<td>Beth HaMedrash</td>
</tr>
<tr>
<td>Motzai Shabbat</td>
<td>Avos u’Banim</td>
<td>Parents and children</td>
<td>45 minutes after Shabbat</td>
</tr>
<tr>
<td>Sunday</td>
<td>Tefillin Breakfast (resumes Jan)</td>
<td>Rabbi Ginsbury</td>
<td>8.10 – 9.15 am</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Chaburah Shuir (not 30 Dec)</td>
<td>Rabbi Ginsbury</td>
<td>7.50 – 8.30 am</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Tea and Torah (resumes Jan)</td>
<td>Rabbi Pollak</td>
<td>2.00 – 4.00 pm</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Chumash Shuir (not 30 Dec)</td>
<td>Rabbi Ginsbury</td>
<td>8.30 – 9.30 pm</td>
</tr>
<tr>
<td>Tuesday</td>
<td>SEED for men (not 30 Dec)</td>
<td>Rabbi Ginsbury</td>
<td>8.30 – 9.30 pm</td>
</tr>
<tr>
<td>Tuesday</td>
<td>SEED for ladies (next session: 6 Jan)</td>
<td>Rabbi Ginsbury</td>
<td>8.30 – 9.30 pm</td>
</tr>
<tr>
<td>Thursday</td>
<td>Gemarah Shuir (not 1 Jan)</td>
<td>Rabbi Ginsbury</td>
<td>8.30 – 9.30 pm</td>
</tr>
<tr>
<td>Friday</td>
<td>Chaburah Shuir</td>
<td>Rabbi Binstock</td>
<td>7.50 – 8.30 am</td>
</tr>
<tr>
<td>Shabbat</td>
<td>Sedrah Shuir with Rashi commentary</td>
<td>Rabbi Ginsbury/Rabin Binstock</td>
<td>15 minutes before Shacharit</td>
</tr>
</tbody>
</table>

**Security Rota**

We are grateful to and thank everyone who does his/her security shift, especially in inclement winter weather! We now send out the full rota, with all the teams’ details and dates, so if for any reason your allocated shift is inconvenient, or you are away over the winter break, just look at another tab on the rota spreadsheet to see a list of names, with email addresses, to enable you to swap.

Please let your Team Leader and the Office (admin@hendonus.org.uk) know of any swaps.

**Times of Daily Services**

<table>
<thead>
<tr>
<th>Dec/Jan</th>
<th>Tevet</th>
<th>Shacharit</th>
<th>Second Shacharit</th>
<th>Mincha only</th>
<th>Mincha &amp; Ma’ariv only</th>
<th>Ma’ariv only</th>
<th>Daf HaYomi</th>
</tr>
</thead>
<tbody>
<tr>
<td>28</td>
<td>6</td>
<td>Sunday</td>
<td>8.15 am</td>
<td>-</td>
<td>3.45 pm</td>
<td>-</td>
<td>9.00 am</td>
</tr>
<tr>
<td>29</td>
<td>7</td>
<td>Monday</td>
<td>7.00 am</td>
<td>8.10 am</td>
<td>3.45 pm</td>
<td>7.30 pm</td>
<td>6.30 pm</td>
</tr>
<tr>
<td>30</td>
<td>8</td>
<td>Tuesday</td>
<td>7.10 am</td>
<td>8.10 am</td>
<td>3.45 pm</td>
<td>7.30 pm</td>
<td>6.30 pm</td>
</tr>
<tr>
<td>31</td>
<td>9</td>
<td>Wednesday</td>
<td>7.10 am</td>
<td>8.10 am</td>
<td>3.45 pm</td>
<td>7.30 pm</td>
<td>6.30 pm</td>
</tr>
<tr>
<td>1</td>
<td>10</td>
<td>Thursday</td>
<td>(Fast begins 6.17 am)</td>
<td>8.00 am</td>
<td>1.30 pm</td>
<td>3.45 pm (Fast ends 4.50 pm)</td>
<td>-</td>
</tr>
<tr>
<td>2</td>
<td>11</td>
<td>Friday</td>
<td>7.10 am</td>
<td>8.10 am</td>
<td>3.48 pm</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
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Shelley & David Berke and Shura & Rudy Fest invite the whole community to Kiddush after the Main Shul Service to celebrate the 60th Wedding Anniversary of Barbara & Harry Berke and Harry’s 90th birthday.

Sedrah Reflections by Eli Nussbaum - Vayigash: “Why Worry?” (On the Yahreith of his mother Anna Nussbaum - Chedvah Leah bat Yitzchak a’h)

Al tirgezu baderech – “Do not become agitated on the way” (Bereishit 45:24)

The world would be a better place if we heeded the advice Joseph gave to his brothers. The Chinese have a proverb: “Why worry?” If you can help it, why worry? If you can’t, why worry? Judaism too, while advising us to live within the way of the Torah, speaks of those who worry as being “little of faith” (ketanei emunah).

The last Mishnah in Kiddushin (82a) quotes Rabbi Shimon ben Eliezer. Have you ever seen a wild beast or a bird with a craft or profession? Do they worry? No! - they are only created to serve man, whereas man is created to serve HaShem. How much more should man live without worry.

Elsewhere (Ethics of the Fathers 2:8), we find a salutary reminder about how we can end up increasing our anxiety when we think we are reducing it: “The more possessions, the more worries”. Indeed, Joseph’s advice points to the solemn truth that many of man’s troubles are entirely of his own making. What is the use of the brothers reproaching themselves now – the concept of ‘crying over spilt milk’?

The Midrash reads into the words: “Al tirgezu baderech” the meaning of not walking through life with an air of arrogance or superiority. One must be careful not to hurt the feelings of others.

No-one is saying that life is easy, or that we have no troubles along the way, but worry is redundant if faith is complete. Instead of brooding over the past, let us resolve not to commit the same errors in the future.

This week’s security team is the GOLD team. Please be responsible and ensure that you cover your shift.
**COMMUNAL NOTICES**

**YOUTH**

**Youth Service** — Friday evening (Beth HaMedrash) at the same time as Main Shul

**Youth Service** — Shabbat morning (Downstairs, Community Centre) at 9.30 am

There will be no Services this Shabbat 26th/27th December.

Contact Josh Silverblatt on 07804 131845 for any queries about the Youth Service. Joshsilverblatt@gmail.com

**CHILDREN**

2 - 4 years — Community Centre
1st room upstairs left at 11.00 am

4 - 7 years (Rec - Yr 2) — Aviva Hardman Hall at 11.00 am

8 - 11 years (Yrs 3 - 6) — Beth HaMedrash at 10.45 am

Rabbi Ginsbury will be visiting and speaking at the Children’s Services this Shabbat.

Contact Abigail Hart to sponsor a Children’s Service Kiddush: abigailhart@talktalk.net

Contact David Masters for any other queries about the Children’s Services:
masters116@btinternet.com

For CRP sign-off each Shabbat, please see Kathryn Fiddler (usually near the Aviva Hardman Hall before Children’s Services).

**NA’ALEH**

Contact Jonathan Israel for any queries about the Na’aleh minyan for young adults: jonathansisrael@hotmail.co.uk

**WELCOME DESK**

Warm, friendly people required for half an hour only to greet and provide information to members and visitors on Shabbatot when there are S’machot taking place. Please contact Lisa on clicktraining@sky.com.

**FOR THE ATTENTION OF PARENTS OF GIRLS CELEBRATING THEIR 12TH BIRTHDAY IN 2015**

Rebbetzin Judy Ginsbury will be starting a new series of her acclaimed pre-Bat Mitzvah lessons early in 2015. Any parents of girls who will be celebrating their Bat Mitzvah in 2015 are asked to contact the Rebbetzin either by phone (8202 5514) or by email singles@theus.org.uk as soon as possible.

**NEWSLETTER ARRANGEMENTS OVER THE HOLIDAY PERIOD**

Please note that the Vayechi issue of the newsletter will be published one day earlier than usual, on Wednesday 31st December. Items for inclusion should be sent to the usual contacts (see foot of p2) no later than midday on Monday 29th December.

**SHUL OFFICE HOURS OVER THE HOLIDAY PERIOD**

Please note the following changes to the normal hours shown on the foot of the back page:

The Office will be closed from 12.00 noon on Wednesday 24th December, reopening on Friday 26th December.

**SHABBAT MEVARACHIM KIDDUSHIM NEED YOU!**

Once a month, the whole community gets the chance to ‘Kiddush’ together in style. We are looking for more sponsors to make Shabbat Mevarachim that extra bit special as a community. So if you have an occasion to mark, or just like a great Kiddush, please contact Tina on 8202 8391. The next opportunity is 17th January 2015.

Part-sponsored is also welcomed and makes a real difference.

**REGULAR EVENTS**

**BRIDGE**

MONDAYS 1.00 pm in the AVIVA HARDMAN HALL. There will be no session on Monday 29th December.

**BNEI AKIVA**

BA resumes on Shabbat 10th January 2015. For more information, contact Talia Herman hendon@bauk.org.

**MINI-SEUDEH SH’LISHIH**

Today’s Seudah is at 4.10 pm in the Sol Cohen Foyer. The Seudah is sponsored by Martin Simmons to commemorate the Yahrzeit of his father and grandfather, and by Eli Nussbaum to commemorate the Yahrzeit of his mother. Contact the Shul Office about sponsorship and/or to join the setting-up rota.

**FORTHCOMING EVENTS**

**THE RETURN OF HENDON SINGLES (AGE GROUP 55-75)!**

On Wednesday 31st December, join us for a Gala Concert by the Royal Philharmonic Orchestra at the Barbican Hall, followed by drinks & refreshments at a private address. Tickets (£27.50 each) will be sold on a ‘first come, first served’ basis. For further information, contact Hannah 8202 7049.

**Q&A WITH THE EXECUTIVE - SHABBAT 10TH JANUARY 2015**

The second in our series of Q&A sessions with the Executive will take place on Shabbat 10th January 2015 at the end of the Main Shul Service (around 11:40 am), lasting about 30 minutes. This is another opportunity to get candid answers to all your questions about the strategy and running of the Shul and its activities. We propose to spend the first half of the session on written questions (submitted to the Shul Office by 12.00 noon on Tuesday 6th January), and the second on questions from the floor. All questions should be fair, brief – and questions, not statements!

**MELAVE MALKA - MOTZAEI SHABBAT 24TH JANUARY 2015**

On Motzaei Shabbat 24th January 2015, we will be holding a Melave Maka to launch the ‘70 Days for 70 Years’ initiative, with guest speaker Rabbi Vanzetta, Executive Secretary of the Conference of European Rabbis and former Assistant Chief Rabbi of Chile. Full details to follow.

**FORTHCOMING TOMBSTONE CONSECRATIONS**

Monday 12th January 2015 - Raymond Kalman (husband of Rachele Kalman)

10.30 am Bushey

**CONDOLENCES**

The community extends sincerest condolences to:

- Gwen Rose and family on the loss of her sister Hilda Yents
- Lily Summers and family on the loss of her sister Rahma Cohen
- The family of the late Gerald Saltman

May they be blessed with good health and S’machot in the future and be granted full consolation by the Alm-gnty

**MAL TOS OF**

Harry Berke on his forthcoming 90th birthday

Barbara & Harry Berke on their Diamond Wedding Anniversary

Claire & Jeremy Carr on the birth of a daughter

Sylvia Lipman on her forthcoming 93rd birthday

Betty Trompeter on the recent Bar Mitzvah of her great-grandson Joseph Santhouse

Lydia & Robert Wise on the engagement of their grandson Simon Salter to Lucy Deutsch

Publication Deadline

All information for inclusion in the newsletter must be sent by email to Harvey Freeman (harveyfreeman@onetel.com) and Lisa Gittelman (clicktraining@sky.com) and copied to the Shul Office (admin@hendonus.org.uk), before the deadline of midday on Tuesday to be guaranteed entry that week.

This week’s newsletter is sponsored by Cynthia Jacobs in memory of her late mother Jennie Gershon – Sheinah bat Aharon HaLevi. bat-mitzvah